

# SUP YOGA TRAINING

## JUIN 2019



Shediac Paddle Shack Inc.  
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## SUP Yoga Training

### Information :

You already have the pleasure of teaching yoga, have discovered the goodness of SUP and would like to specialize in leading SUP Yoga classes? If you have answered YES to these questions, this training is for you! Lead by JUNA Yoga founder, Nadia Bonenfant, a registered and Experienced (E-RYT) teacher and continuing education provider with the Yoga Alliance and Mario Boudreau Instructor trainer for Paddle Canada and Shediac Paddle Shack Manager. This training is well recognized in the SUP industry in Canada. This 4 day training is offered by bilingual staff.



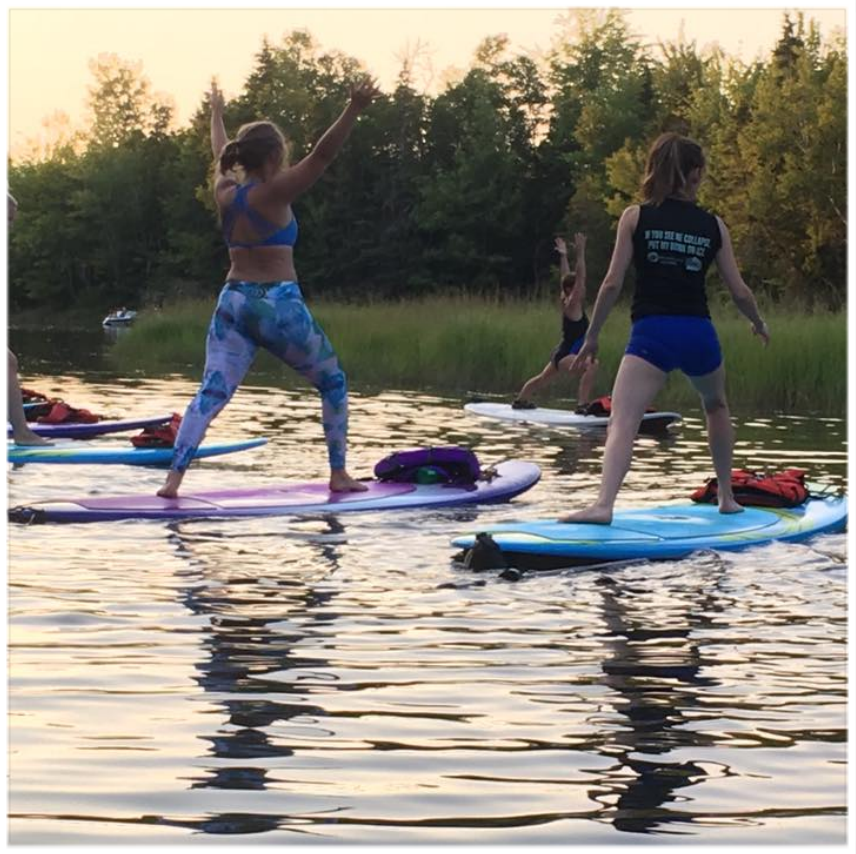
## Pre-requisites

Hold a basic Yoga 200 hours teacher training certificate or currently be enrolled in a teacher training program. Students enrolled in this training must have a solid base in SUP. To ensure this, all participants will do the Basic then Advanced Flat Water Skills during this class. It is recommended to have Advanced Flat Water Instructor certification, (\$300), which we will offer in the 2nd or 3rd week of August for those interested in obtaining this level of certification. Our team offers these classes regularly and we will be happy to explain all details to make this an easy step for you before your SUP Yoga Teacher Training starts.

We are here to help you get on the water rapidly and discover the joys of teaching SUP Yoga this summer. This is the 1st year that we are running this collaborative training and hope you can join us in 2019!

## Certificate :

Following this training, you will obtain your flat water instructor certificate with Paddle Canada as well as 16 Yoga Alliance Continuing Education credits for the dryland portion of the SUP YTT via Nadia's YACEP courses she offers in the summer. Please note that these are applicable if you are an active member with the Yoga Alliance . Depending on your ability level, a conditional pass may be given to some students with Paddle Canada until specific paddling requirements are demonstrated post exam for the SUP portion. You can also obtain your basic first aid and CPR certificate (16 hours) via our additional module, usually given right after the SUP YTT training. Please note that in order to obtain your Paddle Canada certificate, an active first aid and CPR card is mandatory. Let us know if you have any questions and our team will be pleased to help you set up your classes.



LEVEL	Advanced SUP Yoga
LOCATION	Shediac Paddle Shack - Scoudouc River
DATES - Part 1	Shediac, NB: June 17 & 18, 2019 - Paddle Canada, Flat Water Basic and Advanced Skills Course
DATES - Part 2	Shediac, NB: June 24 & 25, 2019 - SUP Yoga course
REQUIREMENTS	Active First Aid CPR certification is required for the course certification.
DURATION	4 days and homework
GROUP	6 to 8 persons / 1 teacher trainer
PRICE	\$630 plus taxes (Includes Paddle's Canada annual fee) 50% due upon registration, balance is due 15 days prior to start of course: June 2, 2019
INCLUDED	Board, paddle, and teaching materials. Wet suit (not included) is optional for this time of year.

Please send your non-refundable E-transfer deposit of \$315 (50% of course fee) [shediacpaddleshack@gmail.com](mailto:shediacpaddleshack@gmail.com), Password: SUPYOGA

506-532-8914

Looking forward to meeting you on the water!

Paulette LeBlanc  
Shediac Paddle Shack Owner